

Intent of Jigsaw PSHE Units

Each of the following Jigsaw units are taught from Reception to Year 6 at the same time across the school. The learning deepens and broadens every year.

Jigsaw Unit	When Taught	<u>Intent</u> Our intent in this strand is for pupils to...
Being Me in my World <i>Link with our school's core values: Equality</i>	Autumn 1	<p>Understand their own identity and how they fit well in the class, school and global community.</p> <p>Through all classes establishing a Class Charter, learning builds from safe and fair learning environments in FS/KS1 to democracy and children's universal rights in KS2.</p> <p>Pupil voice and group decision making are key themes promoted across all year groups.</p>
Celebrating Difference <i>Link with our school's core values: Respect</i>	Autumn 2	<p>Broaden their knowledge and understanding of diversity and be able to identify and be prepared for different types of bullying.</p> <p>Learning builds from similarities, differences and standing up for yourself in FS/KS1 to challenging assumptions and prejudice in KS2.</p> <p>Empathy and acceptance are key themes promoted across all year groups.</p>
Healthy Me <i>Link with our school's core values: Caring</i>	Spring 1 <i>Supplemented by Protective Behaviours programme</i>	<p>Develop strategies to live healthy, safe, and balanced lives in school and in the wider community.</p> <p>Learning builds from healthy eating and lifestyle choices (including medicine safety) in FS/KS1 to substances, body image and peer pressure in KS2.</p> <p>Decision making and linking health and happiness are key themes promoted across all year groups.</p>
Dreams and Goals <i>Link with our school's core values: Honesty</i>	Spring 2	<p>Set goals, including aspirations for themselves and the world. Learn how to work together to achieve this.</p> <p>Learning builds from learning strengths and tackling new challenges in FS/KS1 to making a difference in the world and future careers in KS2.</p> <p>Perseverance and recognising achievements are key themes promoted across all year groups.</p>

<p>Relationships</p> <p><i>Link with our school's core values: Forgiveness</i></p>	<p>Summer 1</p>	<p>Gain a deeper understanding of friendship, family and other relationships. Learn how to interact safely online.</p> <p>Learning builds from being a good friend, physical contact boundaries and reducing screen time in FS/KS1 to identifying mental health worries, seeking support and taking responsibility for technology safety in KS2.</p> <p>Conflict resolution and communication are key themes promoted across all year groups.</p>
<p>Changing Me</p> <p><i>Link with our school's core values: Courtesy</i></p>	<p>Summer 2</p>	<p>Be able to cope positively with change.</p> <p>Learning builds from growing from young to old and identifying body parts in FS/KS1 to puberty and body image in KS2.</p> <p>Preparing for transition is a key theme promoted across all year groups.</p>