






# Shustoke Primary School

## Curriculum Intent Statement: (PE)

The National Curriculum is the fundamental basis of our curriculum at Shustoke; the curriculum coverage, content and progression of knowledge and skills are outlined in detail in our long-term and medium-term planning documents. We believe in educating the whole child and as such, this curriculum in this subject also enhances these core elements:

 <p><b>Humankind</b> Understanding what it means to be human and how human behaviour has shaped the world.</p>	<p>The PE curriculum at Shustoke helps us develop a wider sense of humankind through physical activity and the emotions and behaviours represented. Engaging in sport teaches us to always try our best and that hard work is often rewarded. We learn all about the range of emotions and behaviours that we go through in a sporting context.</p>
 <p><b>Place</b> Understanding the visual, cultural, social, and environmental aspects of places around the world.</p>	<p>Learning PE at Shustoke links to our learning in Geography and History; not only do we play a wide range of sports, we have the opportunity to learn about where some key sporting events originated from, the history of these events and how sport can be played differently in different countries.</p>
 <p><b>Comparison</b> Understanding how and why things are the same or different.</p>	<p>When teaching new sports to students, it is helpful to compare similarities between transferable skills and rules to another sports. In KS1 a skill based curriculum is taught to enable children to explore many sports and skills, as they move into KS2 sport specific topics are taught where they are able to transfer these skills and apply them in a range of game contexts.</p>
 <p><b>Significance</b> Understanding why significant people, places, events and inventions matter and how they have shaped the world.</p>	<p>At Shustoke it is key for the children to be role models within their own classroom. We learn to think about role models that are from our local area and those that are globally known. During key days, the children are able to learn about sporting heroes through PE lessons, assemblies and key news that is shared.</p>
 <p><b>Change</b> Understanding why and how things have changed over time.</p>	<p>At Shustoke we continually share the changes that take place. Through the curriculum children use a wide range of resources which change as they move through the school. The children are made aware of changes and adaptations that are made during lessons which enables them to practice and develop their skills ready to showcase them in different scenarios.</p>
<p><b>Intent</b></p>	

At Shustoke C of E Primary School, the primary intent of our use of Sports Premium Funding is to foster the holistic development of our pupils through the enhancement of their physical literacy and overall well-being. This initiative aims to create an inclusive and engaging environment where every child has the opportunity to participate in a diverse range of physical activities, promoting lifelong healthy habits and a positive attitude towards physical fitness.

## Implementation

Our approach at Shustoke C of E Primary School is multi-faceted, focusing on several key areas:

1. **Diverse Sporting Opportunities:** We offer a wide variety of sports and physical activities, including traditional team sports, individual sports, and alternative activities such as yoga and dance. This ensures that all pupils, regardless of their interests or abilities, can find a form of physical activity they enjoy.
2. **Quality Physical Education (PE):** We invest in high-quality PE instruction by providing continuous professional development for our teachers. This ensures that our PE curriculum is not only comprehensive and challenging but also engaging and fun.
3. **Extracurricular Activities:** We extend learning beyond the classroom through after-school clubs, sports teams, and inter-school competitions. These activities provide additional opportunities for pupils to develop their skills, teamwork, and sportsmanship.
4. **Health and Well-being Programs:** Alongside physical activity, we incorporate programs that address mental and emotional well-being. This includes mindfulness sessions, nutrition education, and initiatives that promote a balanced lifestyle.
5. **Inclusive Environment:** We strive to make all activities accessible to every pupil, including those with disabilities or special educational needs. Adaptive equipment and personalised support ensure that no child is left behind.

## Impact

The impact of our initiatives at Shustoke C of E Primary School is evident in the positive outcomes observed year on year:

1. **Improved Physical Fitness:** Regular participation in varied physical activities has led to noticeable improvements in pupils' physical fitness levels, as measured by school fitness assessments.
2. **Enhanced Skills and Confidence:** Pupils demonstrate increased proficiency in a range of physical skills, from coordination and balance to teamwork and strategic thinking. This is reflected in their enthusiasm and confidence during PE classes and sports events.
3. **Better Academic Performance:** There is a growing body of evidence linking physical activity with improved academic performance. Our pupils have shown better concentration, behaviour, and overall academic outcomes, which we attribute to their active lifestyles.
4. **Holistic Well-being:** Beyond physical health, our focus on mental and emotional well-being has led to a more positive school atmosphere. Pupils report feeling happier, less stressed, and more connected to their peers and teachers.

## Evidence

Our commitment to the effective use of Sports Premium Funding at Shustoke C of E Primary School is supported by robust evidence:

- **Surveys and Feedback:** Regular surveys of pupils, parents, and staff provide valuable insights into the effectiveness of our programs. Feedback consistently highlights the enjoyment and benefits of the varied physical activities offered.
- **Fitness Assessments:** Annual fitness assessments track improvements in pupils' physical health, providing quantitative data on their progress.

- **Participation Rates:** High and increasing participation rates in PE classes, extracurricular activities, and inter-school competitions indicate strong engagement and interest amongst pupils.
- **Case Studies:** Individual case studies showcase the transformative impact of our programs on specific pupils, particularly those who were previously less active or faced barriers to participation.

By consistently evaluating and refining our approach, we ensure that the Sports Premium Funding is utilised effectively to support the holistic development of our pupils at Shustoke C of E Primary School, preparing them for a healthy and active future.