



Shustoke Primary School

WEEKLY NEWSLETTER

Compassion
Hope
Wisdom
Perseverance
Respect
Forgiveness



Our assembly theme this half term is: Perseverance



Term Dates 2023 - 2024

Autumn 1	4 th September – 27 th October	Autumn 2	6 th November – 22 nd December
Spring 1	9 th January – 9 th February	Spring 2	19 th February – 22 nd March
Summer 1	8 th April – 24 th May	Summer 2	3 rd June – 18 th July
Training Days	21 st June, 19 th July	Next Year	2 nd September 2024, 6 th January 2025

REMINDERS FOR THE WEEK BEGINNING 15th April 2024

Day	During the School Day	After School
Monday	P.E. Year 1 and Year 2	Dance Cirque Netball Year 4, 5 & 6 - finishes at 4.15pm. Please note this is the last week that netball will run
Tuesday	P.E. Year 5 and Year 6 Reception to come in PE kit 16 th , 23 rd and 30 th April 2024 for dance sessions	Evolution multi-sports for children in Years 1 and 2 Children will need to bring a sports kit.
Wednesday	P.E. Year 3 and 4	Evolution multi-sports for children in Years 3 and 4
Thursday	P.E. Year 3, Year 4, Year 5 and Year 6	Year 4 swimming
Friday	P.E. Reception, Year 1 and Year 2	Dance



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DATES FOR YOUR DIARY

Date	Event
11th April – 9th May	Year 4 Swimming
16 th May – 20 th June	Year 5 Swimming
8th April	Spelling Bee
15th April	Spelling Bee
18 th April	Cricket Taster Day – All Years
23 rd April	Year 1 Trip – Tamworth Castle
13 th May – 16 th May	Year 6 SATS Week
14 th May	Year 3 Trip – Compton Verney
3 rd June - 5 th June	Year 5/6 Residential
27 th June	Year 2,3,4,5,6 SCARF day
21 st June	Training Day
19 th July	Training Day

Times of the Day

Morning	The gates will be opened just before 8.40am each morning so that lessons can begin promptly at 8.45am .
Afternoon	The gates will be opened at 3.10pm ready for dismissal from classroom doors at 3.15pm

PLEASE NOTE:

Educaterers - New Dinner Menu for the Summer term.

Please see New Dinner Menu at the end of the Newsletter.

Educaterers: Dinnner cost per day is £2.65 from 1st April 2024.



Year 3

What a messy and muddy first week back!

In Year 3 we have completed some imperative science investigations, where students delved into the intricate world of plant biology. Initially, we explored plant features through labelling and identification on paper, understanding concepts such as leaves, stems, and roots and how their functions are vital in creating the whole plant. However, the learning experience truly blossomed when we transitioned to hands-on exploration, dissecting plants to uncover their internal structures and functions. By physically pulling plants apart, students gained firsthand insight into the roles of each part, fostering a deeper understanding of how plants function and thrive.





Open the Book



Open the Book came in and delivered the story of Jeremiah 1:14-19

The book of Jeremiah was written around 585 BC by the prophet Jeremiah. Jeremiah was the son of a priest and was a boy when God chose him to be a prophet. Times were difficult and Jeremiah gave God's words of hope and encouragement to the people.

Jeremiah was a prophet who warned people not to break their promises. The people broke their promises and ended up paying for it.

The story teaches us that sometimes people break their promises, but God never will.

Loving God,
You are always ready to listen to us.
You are never too busy.
You are never too tired.
You are always there to welcome us, and want to hear our voice. Thank you for loving us.
Amen.



We are pleased to be hosting a Spelling Bee in school after Easter. Spelling lists have been emailed out to parents.

Week beginning Monday 8th April: spelling quizzes (all children)

Week beginning Monday 15th April: oral spelling bee (finalists)

School Debt

School debt is currently at **£3,900**. Please can any outstanding payments be settled as soon as possible, as School is currently carrying this debt.

Thank you.



PE Kit Reminder

The PE Uniform has been chosen to be in line with the colour scheme that children wear on non-PE days so that they look smart and in uniform at all times.

Staff have noticed that some children are coming into school in black tracksuits and trainers in a range of colours. There are many advantages to the children arriving in their PE kit, but if this is to be successful, it is important that the PE uniform is followed in the same way as the regular uniform. Please could you ensure that your child wears the correct kit.

The PE Kit is:

Plain Black Joggers (no logo)

Plain Black Shorts (no cycle shorts please) for indoor PE

Plain Royal Blue round necked T shirt (with or without School Logo only)

Plain **Royal Blue** Hoodie (with or without School Logo only)

Plain Black Trainers (no stripes, symbols or soles in different colours)

Plain Black Plimsolls (Pumps) for indoor PE and school performances. – kept in school.



TRIM TRAIL

A NEW SURFACE WAS LAID UNDER THE TRIM TRAIL. IT WILL NEED TIME TO BED IN BEFORE USE. WE WILL ADVISE WHEN IT IS SAFE TO USE.

PLEASE NOTE THAT THIS EQUIPMENT SHOULD **NEVER BE USED WITHOUT THE DIRECT SUPERVISION OF A MEMBER OF SCHOOL STAFF. THANK YOU**

THE TRIM TRAIL IS UNSUITABLE FOR TODDLERS OR CHILDREN OLDER THAN 11 YEARS OF AGE.

Volunteers

We would be very thankful if parents or grandparents were able to volunteer in school this year.

We are always grateful for any extra support that parents can give. It may be that you could listen to children read, or support on local walks/class trips. Or it may be that you work within an industry or have a hobby that lends itself to supporting with classroom sessions, e.g. yoga, gardening, artistic talents, cookery, construction etc.

Please can you complete the online form (link below) if you are interested in helping in school. As with all members of staff and visiting professionals, parent volunteers will need an enhanced DBS certificate which can be completed via school.

https://forms.office.com/Pages/ResponsePage.aspx?id=-hEVTLM6ekOhnanlPyn9sCf_ku7SuEJAp-0JZGo6CmRUN1hETTVZN0g2QjJVU041WENTR1JVU042Wi4u



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As a part of our commitment to Healthy Schools we encourage children and families to follow the guidelines.

- Break time snacks such as fruit, breakfast bars, carrot sticks and cheese.
- Drinks to preferably be water.
- Avoid chocolate, crisps, sweets and sugary drinks.
- Healthy packed lunch choices.
- Treats only allowed on Treat Tuesdays. Please send in a small treat.
- More vegetables and salad at lunchtime.
- To drink water during lesson times.



**Please send your child in with a
Warm Water proof coat EVERY DAY.**

Please can all uniform, coats, shoes, lunch boxes and water bottle be **clearly labelled** with your child's name.



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The Coleshill Grammar School Trust

To qualify from our individual grant funding applicants must be **aged 25 or younger**, **attend one of the schools in the Coleshill Cluster** (or have attended The Coleshill School), and **be in financial need**. All applications will be considered on their 'educational merit' and impact against the long term aspirations and goals. As a charity we are required to carefully consider each application to ensure that it meets its objectives, but also to apply the available funds in a way that makes the biggest impact.

If you are struggling to pay for uniform or school trips please look on The Coleshill Grammar School Trust website and you can apply for a grant.

PLEASE NOTE: If you wish to contact school with a confidential or sensitive matter, or a hometime arrangement please use the shustokeparents@welearn365.com email address.

The shustokelearning@welearn365.com email address should be used to submit examples of work to teachers or for general communication directly with the class teacher.

Thank you for your cooperation in this matter.

Drop Off/Parking

Please do not park across driveways or block access/entrances, do not park on the zig zags, illegally or dangerously. Please **do not** use residents drive ways to turn around. Please use the Wilkinson Way carpark at the back of school. Please cross your child safely across the road.

Please slow down.

If your child is late please do not block the school gates when dropping them off.

Thank you for your co-operation.



PFA

The PFA is currently operating on very few volunteers and we would love to have more. We would really appreciate any time you could offer from year-round planning preparations to helping out at odd events. Any time you could spare would help. We worked hard to produce a magical Christmas Fair and would like to do more event throughout the year so if you could help in anyway please contact the school office and they will pass on your details.

Many thanks the PFA.



We are on week 2

Dinners cost £2.65 per day.

FREE SCHOOL MEALS

Due to the current situation many families are finding themselves in a difficult situation financially. Please see the link below which will direct you to information regarding eligibility for free school meals.

You may apply, even if your child already receives a free school meal through the Government universal scheme for children in Early Years and KS1.

Any application will be dealt with sensitively and confidentially.

Free School Meals Free School Meals give you extra money in your pocket, extra money for your child's school and a healthy balanced meal for you child! What's not to like! Applying for one is quick and easy.....Check it out - What have you got to lose?!

[Apply here for Free School Meals](#)

Website - www.northwarks.gov.uk



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A vegan meal is available on request on days when
(vg) is not shown as a choice on the menu.
All our fish is natural whole fillet and although great care
has been taken to remove all bones, some may remain.
(h)

Week one

Warwickshire Coventry: 154, 234, 205, 1006, 17, 169, 7110
Oxfordshire: 234, 205, 106, 17, 227, 193, 7110

MONDAY

Choose a main meal...

(h) Chicken Tortilla in Tomato
Sauce with Pasta (G, SU, G)

(vg) Breaded Vegetable Fingers
with Herby Diced Potatoes (G)

(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Lemon Shortbread (G)
(v) Chocolate Whip with Orange Wedge (D)
(v) Yogurt (D) or Fresh Fruit

TUESDAY

Choose a main meal...

(h) Chicken Taco with Potato
Wedges (D)

(v) Cheese and Tomato Pizza Wedge
with Potato Wedges (G, D)

Tuna Mayo-maisie Bap (F, E, G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Pancakes with Fruit (G, D, E)
(vg)(h) Ginger Cookie (G)
(v) Yogurt (D) or Fresh Fruit

WEDNESDAY

Choose a main meal... WEDNESDAY ROAST
British Roast Beef with Traditional
Yorkshire Pudding and Gravy (D, E, G)

(vg) Quorn Roast in Gravy
with (v) Yorkshire Pudding (D, E, G)

Crispy Roast Potatoes

British Roast Chicken Bap (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) (h) Jam Sponge (G, E)
(v) Ice Cream (D)
Fresh Fruit

THURSDAY

Choose a main meal...

(h) Chicken Chow Mein (chicken with
noodles) (G)

(h)(v) Cheesy Tomato Pasta Bake
with Freshly Baked Wholegrain
Baguette (D, G)

British Ham Bap (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Chocolate Cracknel (G)
(v) Yogurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... FISHY FRIDAY
meo) Gluten Free Breaded Fish Fillet
(F) with Chipped Potatoes

(vg) Vegetable Hotdog with Chipped
Potatoes (G)

(v) Egg Mayo-maisie Bap (G, E)

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Jelly with Fruit
(v) Ice Cream (D)
Fresh Fruit

Fresh Cordial or Fruit Water from the hydration station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability

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A FOOD
STORY

Weekly Menu

Week two

Warwickshire Coventry: 154, 234, 176, 87, 20, 239, 1410
Oxfordshire: 154, 234, 176, 87, 20, 239, 1410

MONDAY

Choose a main meal...

British Pork Sausages with Potato
Wedges (G, SU, G)

(h)(v) Vegetable Burrito with Potato
Wedges (G, D)

(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg) (h) Flapjack
with Fresh Fruit Wedges (G)
(v) Strawberry Whip (D)
Fresh Fruit

TUESDAY

Choose a main meal...

(h) Italian Chicken Pasta (chicken and
pasta in a tomato sauce) with Freshly
Baked Wholegrain Baguette (G)

(vg) Veggie Plant Burger in a High
Fibre Bun with Herby Diced
Potatoes (G)

British Roast Chicken Bap (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) (h) Chocolate Frooted Sponge (G, D, E)
(v) Yogurt (D) or Fresh Fruit

WEDNESDAY

Choose a main meal... WEDNESDAY ROAST
British Roast Chicken Fillet, Sage and
Onion Stuffing and Gravy (G)

(vg) Quorn Roast in Gravy with
Sage and Onion Stuffing (G)

Crispy Roast Potatoes

Tuna Mayo-maisie Bap (F, E, G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v)(h) Strawberry and Apple Crumble
with Custard (D, G)
(v) Ice Cream (D)
Fresh Fruit

THURSDAY

Choose a main meal...

(h) British Beef Bolognese with Garlic
Bread (G, Cheese D)

(vg) Veggie Sausage with Diced
Potatoes

British Ham Bap (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Crunch Cookie (G)
(v) Yogurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... FISHY FRIDAY
meo) Salmon Star with Chipped
Potatoes (F, G)

(v)(h) Rustic Pizza Wedge with
Chipped Potatoes (G, D)

(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Jelly with Fruit
(v) Cheese Crackers and Apple
Wedge (G, D)
Fresh Fruit

ALLERGEN KEY: G - Gluten / Wheat
Vg - Vegetarian
V - Vegan
F - Fish
M - Meat
SU - Sausages
D - Dairy
E - Eggs
D - Dairy
SU - Sausages
E - Eggs

Week three

Warwickshire Coventry: 224, 135, 316, 246, 157, 309, 2110
Oxfordshire: 224, 135, 316, 246, 157, 309, 2110

MONDAY

Choose a main meal...

Southern Style Chicken Strips in a Wrap
with Potato Wedges (G)

(h)(v) Mac 'n' cheese with Freshly
Baked Wholegrain Baguette (D, G)

(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Vanilla Cookie (G)
(v) Ice Cream (D) or Fresh Fruit

TUESDAY

Choose a main meal...

(h) Minced Beef Pie with Crispy Diced
Potatoes (G)

(vg) Quorn Dippers with Rainbow
Rice and Dipping Sauce (G)

Tuna Mayo-maisie Bap (F, E, G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Shortbread (G)
(v) Cheese Crackers and Apple
Wedge (G, D)
Fresh Fruit

WEDNESDAY

Choose a main meal... WEDNESDAY ROAST
British Roast Pork Loin, Apple Sauce and
Gravy

(vg) Quorn Roast with Gravy (G)

Crispy Roast Potatoes

British Roast Chicken Bap (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) (h) Toffee Apple Sponge (G, D, E)
(v) Yogurt (D) or Fresh Fruit

THURSDAY

Choose a main meal...

Beef Burger in a High Five Bun with
Potato Wedges (G, SU, C)

(h)(vg) Beany Pasty (honey & baked
beans with vegetables in pastry) with
Potato Wedges (G)

British Ham Bap (G)

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg)(h) Honey and Raisin Bar (G)
(v) Chocolate Swirl Mousse (D)
(v) Yogurt (D) or Fresh Fruit

FRIDAY

Choose a main meal... FISHY FRIDAY
meo) Gluten Free Fish Fillet Fingers (F)
with Chipped Potatoes

(v) Plantain Pita Pocket - (plantain in a
pita with salad, mint & mayo-maisie
dressing) served with Chipped
Potatoes (G, E)

(v) Cheddar Cheese Bap (G, D)

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v)(h) Lemon Orange Drizzle Cake (G, E)
(v) Yogurt (D) or Fresh Fruit

ALLERGENS

Please contact your school cook for information regarding
the content of dishes and products on our menu.

CHOICE/COLD
April 2024



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Free SCHOOL MEALS

UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch every day. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.



OUR INGREDIENTS

IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



TOP 5 facts about our lunch.

Fact 1
We are the school meal specialists serving over 130,000 meals every week.

Fact 2
At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

Fact 3
All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

Fact 4
We work with NHS dietetics teams across the region to support customers with special dietary needs.

Fact 5
Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

PROMOTIONS

LOOK OUT FOR OUR CALENDAR OF EXCITING THEMED MENUS AND PROMOTIONS INCLUDING:

Shakespeare's Birthday

FA Cup Final

80th Anniversary D-Day

Fathers Day

Wimbledon

Please note not all schools participate in all themed events check with your child's school for more details...



Join our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



the NUTRI GANG

"On a mission for nutrition"



Find out more about Saffron, Iris, Reece and Dolly, our NUTRIGANG at www.educaterers.co.uk

educaterers A FOOD STORY

www.educaterers.co.uk

Email: contactus@educaterers.co.uk

Menu may change to meet customer preferences

